

VIRTUES TO FOSTER KINDNESS IN COMMUNITY

“Imagine a world where no child is without mentorship and friendship. Picture a community in which everyone from parents to police has the will and the skill to teach respect, foster kindness and model integrity.”

-The Virtue Project™

Character Education Ottawa is a local initiative of the grassroots Virtues Project™, which has been honoured by the United Nations as a model global program for all cultures. The Virtues Project™ is being endorsed and used in over 85 countries to awaken inner strengths of character in families and individuals. This includes parents and schools in the Ottawa / Gatineau areas, all schools in the Vancouver School Board as well as the entire state of Western Australia.

David Andrews and Ros Macdonald, certified Virtues Project Facilitators, offer customized seminars in the Ottawa area to parents, youth, couples, educators, employees and therapists and other professionals. Last August they brought the Virtues Project training to teaching and office staff at Huntley Centennial Elementary School in Carp. The objective was for staff to implement these powerful strategies at the beginning of the school year. These strategies include: speak the language of the virtues, recognize teachable moments, set clear boundaries, honour the spirit and offer spiritual companionship.



The Virtues Project™ was created in 1991 by three concerned individuals - Linda Kavelin-Popov, a psychotherapist, organizational consultant and community developer, her husband Dan Popov, a clinical pediatric psychologist and scholar of the world's sacred texts; and her brother John Kavelin, a show producer and director with Walt Disney Imagineering - who wanted to do something to counteract the rising violence among youth and families. The Project has fostered a culture of character, healing, and community development, in prisons, schools, indigenous communities, corporations and diverse faith communities. It provides a non-sectarian framework for moral education for cultures around the world. The Virtues Project™ is not affiliated with any government, educational or religious organization. It is based on the simple wisdom of the

world's sacred traditions. Its strategies help us to remember who we really are, and to bring forward the virtues that already exist within us.

Character Education Ottawa invite you to attend a free monthly session (next April 16) to learn more about The Virtue Project™ and what local customized seminars are offered. These include: Skills for Parenting Children and Teens, Youth Transformation Session, Couples Transform Your Relationships in a Day, I Became a Teacher to Make a Difference, Transform your Practice for Therapists and other Professionals and Team building for Job Satisfaction.

To register visit:
www.charactereducationottawa.ca
or call Ros (613) 744-4768