



The Virtues Project



PARENTS

RAISE CHILDREN OF COMPASSION AND IDEALISM

Join our supportive, hands-on 3 Week Seminar Series

- **ENCOURAGE** self confidence in your children by naming virtues of excellence and helpfulness rather than shaming or blaming
- **USE** clear boundaries based on respect, peace and justice
- **EMPOWER** your children to make responsible, moral choices

MONDAY EVENINGS

MARCH 31

APRIL 7

APRIL 14

7:00 PM - 9:30 PM

FEES

Parents: \$90 (\$30/week)

Youth: \$60 (\$20/week)

INCLUDES GST



FACILITATOR:

Ros Macdonald, MSW

Certified Virtues Project Facilitator & Counsellor for Individuals, Couples and Families.

For more information or to register contact:

Ros Macdonald: (613) 744-4768

Rosmacdonald@charactereducationottawa.ca

www.charactereducationottawa.ca

WORKSHOP LOCATION

Centrepointe House
380 Centrepointe Drive, Ottawa