

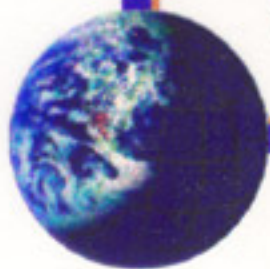
# Conscience Makers & Breakers

## Habits that Break Conscience

- Shaming (Communicating worthlessness)
- Demeaning
- Humilating
- Sarcasm and cruel teasing
- Name-calling or negative labeling
- Beating or hitting
- Overprotecting or excuse-making
- Using excessive punishment
- Ignoring efforts to improve

## Habits that Make Conscience

- Using Time Out constructively (e.g. Replace "Naughty Chair" with "Courtesy Chair")
- Naming virtues when you see them practiced
- Calling students to a virtue when it needs to be practiced
- Listening to offenders' points of view
- Stopping negative behavior and refocusing on the Virtues
- Vision statement
- Giving consequences when they are called for
- Providing the opportunity to make amends
- Noticing and acknowledging efforts to improve



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